



Snohomish County Children's Wellness Coalition

November 5, 2019

9:00 to 10:30 A.M.



In Attendance

Liza Patchen-Short
Lyn Lauzon
Dwayne Carpenter
Lori Hollingsworth
Desmond Pullen
Deidre Greene
Lindee Tollefsen
Christina Cloiro
Lindsey Greene

Ana Carratala
Kelsey Bang-Olsen
Katie Levin
Gift Wango
Heather Perry
Sherley Chester
Lisa Odom
Dennis Smith
Alexis Votteier

Introductions/Announcements

- Liza Patchen-Short welcomed all attendees, guest and introductions were made.

Agency Updates

- Liza Patchen-Short mentioned they are having a CARE training, April 13-17, 2019 training is 5 days and will be paid by Snohomish County, if you are interested please contact Liza Patchen-Short for more information.
- Dwayne Carpenter is a new guest from Edmonds Community College
- Lyn Lauzon mentioned Jackson High School is having a Vaping Presentation for Parents held on November 18th at 7:00PM, Everett Public Schools Resource Center, Board Room B. Open to the Public.
- Lori Hollingsworth from Community Health Center mentioned they are having their Christmas event "A Day with Santa" on December 7, 11 and 12, 2019. Meals, Gifts for Children and Photo with Santa are among some of the events, all are welcome.
- Heather Perry mentioned King County is offering Mental Health Training Aid on December 4, 2019 at Compass Health. No cost training.

Speaker – Larry Wright, Chief Operating Officer Forefront in the Schools

- Liza Patchen-Short mentioned Forefront is now in two High Schools, Marysville High School and Pilchuck High School.
- Larry Wright gave a brief introduction on what Forefront and Suicide before starting his presentation:
 - Suicide is the second leading cause of death for youth ages 10-24 in Washington and the United States. Two youth are lost to suicide each week in Washington State. Due to complex cultural factors, rates of youth depression, anxiety, suicidal thoughts and attempts are at an all-time high. Forefront in the Schools (FIS) is an initiative of Forefront Suicide Prevention at the University of Washington designed to guide schools through a collaborative, comprehensive, process of policy development and curriculum improvement with customized support to build upon existing student mental health and suicide prevention efforts.

- Larry Wright gave a few breakdowns on Forefront:
 - Suicide is the 2nd largest cause of death
 - Train parents to train themselves
 - Forefront is a 3 year program
 - 3 Tier training; Staff, Associates and Volunteers
 - Free Gun locking device
 - Change conversations from Suicide to Public Awareness
 - Work with students
 - Recognize signs and act on it
 - What to say to a parent if a child is Suicidal
 - Public Awareness
 - Crisis Line is open 24/7

- Larry Wright opened the floor for questions and discussion

MORE INFORMATION:

[A Day with Santa – Community Health Center – See attachment](#)
[Opportunity to Be a Trauma Informed Organization – See attachment](#)
[Vaping Presentation – Snohomish Health District – See attachment](#)
[Community Training & Education – Coordinated Care – See attachment](#)

Closing

Happy Holidays!

*******There is no meeting in December*******

The meeting adjourned at 10:30 A.M.

Ana Carratala, Sr. Secretary, Snohomish County Human Services