



# Snohomish County Children's Wellness Coalition

May 17, 2019

9:00 to 10:30 A.M.



## **In Attendance:**

Ana Carratala

Laura Mote

Heather Perry

Maria Cortes

Sadie McHalton

Tonja Cram

Cindy Skolrud

Lindsey Greene

Dennis Smith

Joe Neigel

Desmond Pullen

Kelsey Bang-Olsen

Lisa Odom

Candy Banker

Megan Harp

Jay Priebe

Alexis Votteler

Sue McCarthy, Presenter

Becky Ballach, Presenter

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## **Introductions/Announcements**

- Laura Mote welcomed all attendees, guest and introductions were made.
- Laura Mote was happy to announce the Youth & Family Wellness Fair had its largest turnout this year. Data is being collected to better serve the community next year, overall a success! Laura Mote also mentioned the Trauma Informed Care Conference was also a success. An evaluation form will be mailed out to all who attended.

## **Agency Updates**

- Megan Harp introduced herself as a first time attendee and gave a brief overview of her agency Secret Harbor Foster Care Agency.
- Sadie McHalton gave an update on "CARE" organization and is happy to mention they are making this an organization wide priority.
- Jay Priebe introduced himself as a first time attendee, Jay Priebe is the new CEO for Hand in Hand organization who serve At Risk Youth. Jay Priebe gave a brief overview on their current restructuring.
- Alexis Votteler introduced herself as a first time attendee and gave a brief overview on Image Children's Museum.
- Desmond Pullen spoke about the four domains the Snohomish County Children's Commission is working on this year.
- Sue McCarthy gave a brief overview on their two year grant with Commerce and there 4-Day trauma informed training.
- Heather Perry spoke about their training in the community with, Apple Care, ACES, Medicaid, etc.

## **“Trauma Informed Care in Public Schools” presentation by Becky Ballbach from Everett Public Schools.**

- Becky Ballbach gave a brief overview on today’s presentation.
  - Each School gives a “State of School” address
  - Systems for student success
  - 5 School’s: Cascade High School, Everett High School, Evergreen Middle School, Jefferson Elementary School and North Middle School
  - Wellbeing of children: College, Career and Life ready
  - Graduation rate has increased to 96% from 59% in 2005
  - Dropout rate has decreased to a hand full
- Open Discussions and Questions

## **CARE Organization Update with Sue McCarthy from Volunteers of America**

- Sue McCarthy started her presentation by passing out Peacock feathers, this technique is used as a relaxing therapy while waiting to be seen.
  - Concentrate Strategy, interactive activity
  - Pre-post Questionnaire
  - *Trauma-Informed Debriefing Guide – Handout #1*
  - Suggested Article from The National Crittenton Foundation – *“Top 20 tips for Administering The Ace Survey in your Agency”*
  - Respect Agreements
  - Self-Care
  - Training Manual available – 1 day training
- Joe Neigel spoke about the Monroe Community Coalition and the “Connections Group” recently won a \$50k grant for Trauma Informed approach community grant which will expire September 1, 2019. Joe Neigel is asking for partners to help with this grant. Grant proposes three primary elements:
  - Removing Barriers
  - Empowering Voice
  - Cross-Sector Collaboration
- Joe Neigel mentioned if anyone is interested, please contact him for more information
- Open Discussions and Questions

## **MORE INFORMATION:**

[Monroe Community Coalition - http://monroecommunitycoalition.com](http://monroecommunitycoalition.com)

<https://www.voaww.org>

**The meeting adjourned at 10:44 A.M.**

*Ana Carratala, Sr. Secretary, Snohomish County Human Services*