



Snohomish County Children's Wellness Coalition

April 19, 2019

9:00 to 10:30 A.M.



In Attendance:

Ana Carratala
Laura Mote
Jen Garcia
Katie Levin
Sadie McHalton
Tonja Cram
Anne Cervantes

Desmond Pullen
Kelsey Bang-Olsen
Lisa Odom
Maria Cortes
Lori Hollingsworth
Toni Peteroli
Kathy Coffey, Presenter

Introductions/Announcements

- Laura Mote welcomed all attendees, guest and introductions were made.
- Laura Mote reminded all the Youth & Family Wellness Fair is on Saturday, May 4th, 2019 at Evergreen Middle School from 10:00AM to 3:00PM.

Agency Updates

- Laura Mote mentioned the May 14, 2019 transferring our Community Conference is SOLD OUT. A waiting list is available for anyone to sign up.
- Sadie McHalton mentioned they are having there ACEs quarterly event on Wednesday, April 24, 2019. Openings are still available for anyone interested, Brain Development & Child Development are the topics. Please contact Sadie McHalton for more information.
- Lisa Odom mentioned she received approval on setting up a "TILT" team for her organization.
- Kathy Coffey mentioned the annual "Step Up 2019" event has around 30 tickets remaining if anyone is interested. Event is on Friday, April 26, 2019 from 8:00 – 5:00 p.m. at the Lynnwood Convention Center.

"Recognizing yourself as a Leader" presentation by Kathy Coffey from Leadership Snohomish County, exploring your own Leadership Potential.

- Kathy Coffey gave a brief overview about Leadership Snohomish County and today's presentation.
 - Leadership Snohomish County is heading into its 21st program year with 78 participants, adding to our 800 alumni of local professionals equipped to engage in sustainable leadership across Snohomish County.
 - Currently there are three programs available:
 - Signature Class consists of Business, Government and Non-Profit.
 - Young Professional Class is usually ages 22-32, around 24 people per year.
 - Leadership for Racial Equity program is a five month program begins on May 10, 2019 and has 5-6 spots remaining.

Group Activity

- Kathy Coffey asked all to pick two cards from table, one is your strength and two is your weakness. Review for 10 minutes and discussion and questions to follow.

Open Discussions and Questions

- Overall, “Public Speaking” was everyone’s weakness.

MORE INFORMATION:

Youth & Family Wellness Fair - <https://snohomishcountywa.gov/3608/Youth-Family-Wellness-Fair>

Leadership Snohomish County - <https://leadershipsc.org/current-class>

Step Up 2019 Event - <https://leadershipsc.org/step-up-greenroom-1>

The meeting adjourned at 10:30 A.M.

Ana Carratala, Sr. Secretary, Snohomish County Human Services