



## Snohomish County Children's Wellness Coalition

March 15th, 2019

9:00 to 10:30 A.M.



### In Attendance:

Ana Carratala

Liza Patchen-Short

Candy Banker

Sadie McHalton

Maria Cortes

Cindy Skolrud

Sara Bolton

Deanna Bashour

Lisa Oda

Desmond Pullen

Laura Mote

Sue McCarthy

Nathan Ray

Katie Levin

Dennis Smith

Kelsey Bang-Olsen

Kaitlan Davis

Brenda Newell

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### Introductions/Announcements

- Liza Patchen-Short welcomed all attendees, guest and introductions were made.
- Liza Patchen-Short mentioned the Youth & Family Wellness Fair is on Saturday, May 4<sup>th</sup>, 2019 at Evergreen Middle School from 10:00AM to 3:00PM.

### Agency Updates

- Laura Mote mentioned there are only 38 spots left for the May 14<sup>th</sup> transferring our Community Conference, if interested please contact Laura Mote.
- Sue McCarthy mentioned there "Tilt" team is now re-energized and excited for new changes, 2 new employees and they just finished there Starbucks training.
- Liza Patchen-Short reminded all the Youth and Family Wellness Fair is Saturday, May 4<sup>th</sup>, 2019 and wanted all to prepare for event. Liza has posters for distribution. Over 70 organizations will be there, including:
  - Haircuts & Manicures
  - Dental Van
  - Lunch provided
  - Free Food
  - Music
  - Son of the Reptile Man
  - Workshops
  - Everett Transit will be giving out Free Orca cards
- Liza Patchen-Short mentioned they still need more volunteers, if interested please contact her via email. Liza Patchen-Short also mentioned they are putting out a "Letter of Intent" to add up to 10 more schools. Currently there are 23 schools that are trauma informed.
- Brenda Newell spoke about a Conference they attend. Dr. Johanna Olsen from Children's Hospital in LA which works with Transgender young adults.
- Nathan Ray mentioned next month they will be doing another self-Care trauma training at Denney Youth Center. Possibly another training Fall of 2019.

- Brenda Newell from Rainbow Counseling gave a brief summary on today's presentation. "One Heart Wild" Sanctuary Orientation: Providing Safe & Supportive Services for the Community. One Heart Wild Sanctuary is an animal sanctuary for recovering animal and also serves as therapeutic setting for the LGBT community.

**"Working with and Supporting LGBTQ\*QIA Youth" presentation by Brenda Newell from Rainbow Counseling**

***Orientation: Providing Safe & Supportive Services for the Community***

**Open Discussions and Questions**

- Brenda Newell asked all to share their feelings, comments and concerns. Results are:
  - What are children facing in our schools?
  - Gender Bathroom issues
  - Bullying
  - Resources for parents with a LGBT youth
  - How to refer to a LGBT youth
  - Legal names or preferred name?
  - Just general information on the LGBT community
  - Private schools and youth of color, what is the %?

**MORE INFORMATION:**

One Heart Wild Sanctuary - <http://www.oneheartwild.org/>

Youth & Family Wellness Fair - <https://snohomishcountywa.gov/3608/Youth-Family-Wellness-Fair>

**The meeting adjourned at 10:32 A.M.**

*Ana Carratala, Sr. Secretary, Snohomish County Human Services*