



Snohomish County Children's Wellness Coalition

August 17th, 2018

9:00 to 10:00 A.M.



In Attendance:

Liza Patchen-Short – Co-Chair
Laura Mote - Chair
Sadie Nelson
Desmond Pullen
Ana Carratala
Natalie Degueman
Amanda Franke
Sue McCarthy
Nathan Ray
Virgil Kim
Joe Neigel

Timothy Jackson
Lindsey Greene
Linda Smith
Kathryn Hall
Anne Cervant
Taylor Mallory
Kaitlin Davis
Lisa Odom
Bambie Fontana
Tina Roth
Monica Wilson

Introductions/Announcements

- Liza Patchen-Short welcomed all attendees, guest and introductions were made.
- Liza Patchen-Short asked all to share their Updates and Highlights.
- Kaitlin Davis mentioned their organization is looking to hire a therapist.
- Sadie Nelson mentioned their offering another screening of "Biology of Stress and Science" in mid-September and Stars credits will be offered. 6:30-8:00PM at Snohomish Health District.
- Timothy Jackson mentioned their agency is working on module in order to train all staff.
- Liza Patchen-Short mentioned a Marketing strategy is being developed.
- Joe Neigel will be speaking about the website: snocochildrenswellnesscoalition.com which is up and running. Joe Neigel mentioned there are given out Admin rights if you are interested contact Liza Patchen-Short. The website is mobile compliance, user-friendly, and menu driven. Joe mentioned there is a CARE Forum on the website which can be accessed with password (*protectourfuture*).
- Joe Neigel asked all members to add the link to your email signature.
- Joe Neigel spoke about the Coalitions goals from 2015 have been met and are looking forward to future goals for the next 3 years. Possibly access to data for 2019.
- Liza Patchen-Short mentioned next month's meeting will be two hours long and Mapping will be the topic.
- Liza Patchen-Short informed coalition that 23 schools are now trauma informed, 10 more schools will be added in future and moving forward with trauma informed.
- Joe Neigel mentioned there is a high suicide rate and would like to group to discuss on creating a Youth Focus Group at schools. What would the objective be? Would the coalition be interested in looking into creating these focus groups?
- Desmond Pullen asked the group to consider kids from shelters and other youth centers (Demey Youth, Cocoon House, etc.)
- Joe Neigel asked all members to break up in groups for around 10 minutes and talk about ideas and suggestions for this tip focus groups.

10 Minute Group Session

- Joe Neigel asked for feedback from all tables. Each table went around and spoke of their ideas and suggestions for this group.
- Here are all topics that were discussed:
 - Reaching out to Work Source Development Center and SnoGlobe
 - Safe or Connected in School
 - What does Classroom look like once classroom door is closed
 - Connect to Mentor or have access to one
 - Involve in Activities or outside Community groups
 - Making a Group of students to promote this group
 - Volunteering, Mentors, etc.
 - Cyber bullying
 - MOU/ROI
 - Kids hanging out? Areas, friends, risks
 - Exploitation, Suicide, Mental Health
 - Parent Focus Group
 - English/Spanish Groups
 - Why kids are not reaching out? And was it helpful?
 - Group to offer snacks, gift cards, incentives in order to get kids involved
 - Small sessions so child will trust you
 - Ongoing Advisory Panel
 - Open/Ended questions
 - Standardize age group 18-25 should also be included
 - Build trust with kids
 - Weekly/Monthly meeting with same peer group
 - Personal/School Safety
 - Drug and Alcohol
 - Teen Focus Group
 - Ongoing Advisory Panel

Joe Neigel thanked everyone for attending and is looking forward to make this focus group a reality.

MORE INFORMATION:

Summit 2038 – Leadership Snohomish County

<https://leadershipsc.org/summit>

Classes offered at Volunteers of America's Dispute Resolution Center

5-day **Basic Professional Mediation**, September 19-23

1-day **Trust in the Workplace**, October 17

1-day **Resolving Conflict in the Workplace**, November 1

For on-line registration, visit

<https://www.voaww.org/drctrainings>

For additional information, you're welcome to contact **Barbara Menzel** 425-212-3929

Liza Patchen-Short thanked everyone for attending and working together.

The meeting adjourned at 10:00 A.M.

The next meeting of the Children's Wellness Coalition will be held Friday, September 21st, 9:00 to 11:00 A.M. at the Everett Public Schools Community Resource Center, 3900 Broadway Avenue Everett, WA.

Ana Carratala, Sr. Secretary, Snohomish County Human Services