

Snohomish County Children's Wellness Coalition

July 20th, 2018

9:00 to 10:30 A.M.



In Attendance:

Monica Medina

Liza Patchen-Short – Co-Chair
Laura Mote - Chair
Sadie Nelson
Desmond Pullen
Ana Carratala
Rhidonah Ladner-Neal
Sue Starr
Sue McCarthy
Nathan Ray
Peggy Ray
Tamra Hill

Lori Hollings Worth
Lindsey Greene
Michelle Barves
Ruth Shapovalor
Maria Cortes
Jen Garcia
Kaitlin Davis
Lisa Odom
Ida Keeley
Barbara Menzel
Amanda Franke
Ka'ohe Wong

Introductions/Announcements

- Liza Patchen-Short welcomed all attendees, guest and introductions were made.
- Liza Patchen-Short spoke about today's activities. Members today will be working on FINAL updates and
 revisions for the Standard of Practice Form and Front page.
- Liza Patchen-Short mentioned there are 30 organization which are looking forward to becoming Trauma Informed, some have completed their training and have decals posted in their offices. Liza asked Nathan and Peggy Ray to talk about any highlights within their organization CARE Community.
- Liza Patchen-Short reminded all about the Youth and Family Wellness Fair on Saturday, May 4th at Evergreen Middle School. Anyone is welcome to join the planning team which meets once a month at Sisters and runs September through April.
- Liza Patchen-Short asked all members to group into triads and review this FINAL draft for discussion, edits and revisions.
- Liza Patchen-Short mentioned today's agenda is to make a motion to adopt SOP in Snohomish County and Goals for 2019.

10 Minute Review

STANDARD OF PRACTICE for Trauma Informed Organizations - FINAL DRAFT

- Organization Commitment and Endorsement
- Environment and Safety
- Workforce Development
- Hiring and Onboarding Practices
- Supervision and Support
- Services and Service Delivery
- Cross-Sector Collaboration
- Diversity and Equity
- Systems Change & Progress Monitoring

REVIEW ITEMS and COMMENTS:

- Nathan Ray mentioned there are 3 places where there are still statements rather than questions, 3b, 3j, 9c. 4b is missing a period. 5b possibly using another word (clear process).
- Peggy Ray suggested this document have a revision date.
- Peggy Ray mentioned at the top of form #3 and #2 be changed to "We have started implementation" and #4 "We've made significant process."
- Desmond Pullen mentioned 1i, how is that done? And 9c possibly go together?
- Nathan Ray mentioned why is there no Section 8?
- Lindsey Greene suggested a comment box at bottom of form.
- Kaitlin Davis suggested document should be tailored to the population you are serving and should be internal assessment document which does not need to be shared.
- Liza Patchen-Short mentioned the Care logo needs to be replaced with the Wellness Coalition logo.
- Liza Patchen-Short pointed out 3a. Putting "near" (spell out), and 6b. Recommend that it read "direct staff understand the signs, symptoms, and risks of suicide and are able to respond appropriately and get help.
- Sadie Nelson suggested a Definitions page? Any volunteers?
- Laura Mote mentioned "TILT" teams should have different levels of seniority. #4 should also be an annual expectation.
- 10e. suggest using "Internal Data" or "Data" instead of Organization Data, 10h. What is being said? Organizational Cultural.
- Sue McCarthy suggested changing 9c. To Organization.
- Desmond Pullen mentioned adding 3a. To "Core Training" includes Diversity and Equity, possibly add to Social Media.
- Sue McCarthy suggested adding Volunteers to the document? Encourage volunteers to participate.
- Peggy Ray suggested changing name to "Self-Assessment Tool"?
- Liza Patchen-Short mentioned a **FINAL DRAFT** copy will be sent out before finalizing.

ACTION ITEM. Laura Patchen-Short made a motion to approve and adopt the SOP (Standard of Practice for Trauma Informed Organizations). Nathan Ray seconded the motion. Motion passed.

Goals for 2019:

- Liza Patchen- Short spoke about their goals for 2019 and asked all staff members for their input.
- Liza Patchen-Short mentioned there are 23 Schools that are being Trauma Informed, 4-6 different sectors to use Standards of Practice to help build a trauma informed community. The City of Mukilteo and the County have set up a meeting.
- Live Healthy 2020
- Marketing and Branding movement.
- Update Website (Links, resources, etc.)
- Training Links (In-house training, Webinar)
- Possible monthly meeting or training? Once a year? Quarterly?
- Add County resources to website?
- Possibly adding Private Schools?
- Endorsements from Mayor Office, different cities?
- Events for Coalition to attend and volunteer.
- What is the End Goal for the Coalition?
- Training within other members? (Train the Trainer), possible training at Coalition meetings?
- How to obtain decal "Safe Place"
- Possible flyer to explain or speech on what decal means.

- Possibly bring in a Marketing Representative to promote Coalition?
- Add more to Social Media, Facebook, Instagram, Twitter, etc.?
- Possible Social Media Intern?
- Suicide Training?

MORE INFORMATION:

Second Training Opportunity for Free Motivational Interviewing Training--- 50 spots available https://www.eventbrite.com/e/motivational-interviewing-training-tickets-48454850763

Summit 2038 — Leadership Snohomish County https://leadershipsc.org/summit

Liza Patchen-Short thanked everyone for attending and working together.

The meeting adjourned at 10:31 A.M.

The next meeting of the Children's Wellness Coalition will be held Friday, August 17th, 9:00 to 10:30 A.M. at the Everett Public Schools Community Resource Center, 3900 Broadway Avenue Everett, WA.

Ana Carratala, Sr. Secretary, Snohomish County Human Services