

Snohomish County



Children's Wellness Coalition

## Snohomish County Children's Wellness Coalition

**May 18, 2018**

9:00 to 10:30 A.M.



### **In Attendance:**

Liza Patchen-Short – Co-Chair

Laura Mote - Chair

Sadie Nelson - Public Health

Desmond Pullen – Children's Commission

Timothy Jackson – Housing Hope

Lyn Lauzon

Cecilia Quirarte – Smokey Point CSO

Sarah Craci – Cocoon House

Sue Starr – Snohomish Health District

Sue McCarthy

Mary O'Brien - DSHS

Sarah Pulliam – ChildStrive

Lisa Odom

Dennis Smith

Tamara Hill – EVCC/ELC

Tonja Cram - CCS

Katie Levin - DSHS

Bambie Fontana – Sno Co Early Learning

Gretchen Saari - NAMI

Michelle Barnes - Homage

Mary Fischer - Everett

Kaitlan Davis - IFD

Heather Perry

Lindsey Greene

Nathan Ray – Ember Hope

Ruth Shapavan – Sultan VYC

Johnny Pho – NSD

Ana Carratala – Snohomish County

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### **Introductions/Announcements**

- Liza Patchen-Short welcomed all attendees, guest and spoke about today's activities. Members today will be working on developing "Standards of Practice" for Trauma Informed Agencies. This will be used in agencies throughout the community. Laura Mote explained there are six charts on the walls and asked each member to choose their group and sit at that table, each table will discuss said topics.
- Liza Patchen-Short asked all to do round robin with a quick introduction of themselves and any updates.
- Liza Patchen-Short spoke about the Wellness Fair was a huge success, there was 700 people registered 1,000 Burritos, 70 Dental Exams, 100 Bike Helmets, 65 Haircuts, Manicures and over 80 Agencies attended. Liza Patchen-Short also mentioned if anyone is interested in joining the Planning Committee, which meets in September once a month for about two hours. The only commitment requested is attending the Annual Event. If interested, please contact Liza Patchen-Short.

### **STANDARD OF PRACTICE for a Trauma Informed Agency**

#### **Six Topics:**

1. Agency Commitment & Endorsement
2. Workforce Development
3. Supervision & Support
4. Services & Services Delivery
5. Cross-Sector Collaboration
6. Systems Change & Progress Monitoring

- ✦ Liza Patchen-Short and Laura Mote explained briefly about each topic and asked members to pick there groups. Each group would consist of five members. A 20 minute time-frame will be given to each group in order to collectively bring new ideas.
- ✦ Laura Mote mentioned to groups they have five (5) minutes before switching to another group. Same applies another 20 minutes with new group. Teams discussed topics on how to better improve services and serve the Community.
- ✦ Laura Mote asked each table to read over their ideas and concerns.

**MORE INFORMATION:**

*Trauma Informed Care Interview Questions – Here is the Link:*

<https://www.nationalcouncildocs.net/wp-content/uploads/2014/01/Interview-Questions-for-Trauma-Informed-Care.pdf>

*Policy Guidance for Trauma Informed Human Resources Practice 2017 – Here is the Link:*

<https://dmh.mo.gov/trauma/docs/HRPolicyGuidance32017.pdf>

Attached to meeting minutes is list of all six (6) Standard of Practice charts that were used during workshop.

**Trauma Informed Care Job Description**

Required Knowledge and abilities:

- ✦ Knowledge of trauma-informed theories, principles, and practices (includes multi-faceted understanding of concepts such as community trauma, intergenerational and historical trauma, parallel processes, and universal precautions).
- ✦ Knowledge of racial equity and racial justice in the context of public education.
- ✦ Knowledge of education, instructional and/or electronic health technologies and software.
- ✦ Knowledge and familiarity with local health and mental health providers and their school based service delivery models.
- ✦ Ability to manage or coordinate projects within a public school setting.
- ✦ Ability to develop content for and facilitating professional development to a broad range of school-based staff.
- ✦ Ability to demonstrate effective skills in group facilitation, managing teams/groups, organizational dynamics, and consensus building.
- ✦ Ability to advocate, model and support implementation of district-level initiatives around racial equity and culturally responsive practices.
- ✦ Ability to communicate clearly and concisely, both orally and in writing, to a broad range of audiences.
- ✦ Ability to quickly establish and maintain cooperative and effective working relationships with a broad range of school-based staff and community partners.

Liza Patchen-Short thanked everyone for attending and working together.

**The meeting adjourned at 10:35 A.M.**

The next meeting of the Children’s Wellness Coalition will be held Friday, June 15th, 9:00 to 10:30 A.M. at the Everett Public Schools Community Resource Center, 3900 Broadway.

*Ana Carratala, Sr. Secretary, Snohomish County Human Services*