

Snohomish County



Children's Wellness Coalition

Snohomish County Children's Wellness Coalition

February 16, 2018

9:00 to 10:30



In Attendance:

Mary Lynn Antush, Becky Ballbach, Suzie Black, Anne Cervantes, Kelly Christensen, Brenda Evans, Cassie Fox, Amanda Franke, Tamra Hill, Ida Keeley, Rhidonah Ladner-Neal, Nicole McMurray, Barbara Menzel, Laura Mote, Joe Neigel, Sadie Nelson, Mary O'Brien, Lisa Odom, Kari Pendray, Heather Perry, Desmond Pullen, Celica Quirarte, Nathan Ray, Tina Roth, Gretchen Saari, Cecilia Saldana, Dennis Smith, Sue Starr, Courtney Wooten, Susanna Wong

Introductions/Announcements

- Laura Mote announced her new role as co-chair of the CWC. She presented the final mock-up of the CWC cling window sticker and reminded everyone about the Resiliency Conference at Angel of the Winds Arena in Everett, February 28 and March 1. Some spaces have opened up – go to <https://www.nwesd.org/> to sign up.
- Becky Ballbach talked about working with Chris and Courtney in three schools, and plans to implement PBIS in all Everett district schools over the next two years. She also talked about work on the handbook to bring more restorative practice into it.
- Kari Pendray talked about some of the work in Snohomish County ECEAP to incorporate trauma informed practice, positive behavioral support training and racial equity and inclusion training and reflective supervision.
- Tina Roth reminded everyone of the LH2020 Restorative Practice and Trauma Informed Community Health Accelerator Event March 29.
- Desmond Pullen is the chair of the Snohomish County Children's Commission. He noted that the commission's focus this year is on childhood obesity.
- Dennis Smith announced a streaming of the film *Resilience* March 13th at 6:30 p.m. in Granite Falls.
- Brenda Evans talked about the Early Head Start program being in the process of getting teacher training on trauma informed practice.
- Rhidonah Ladner-Neal talked about ACEs training last September at Imagine Children's Museum, she and Jen Garcia will lead the training.
- Sadie Nelson has a license to show *Resilience* at nine sites and asked that others get in touch if they want to be a site/have an idea of a community accessible site for screening. Sadie also brought up the NEAR Collaborative for Action and asked anyone who is interested in joining to get in touch.
- Heather Perry works with a team of community educators and offers no-cost trauma training to groups with connection to the child welfare system. She asked anyone who is interested in training to get in touch, and offered to be part of the process with agencies who are going through the CARE training.
- Barbara Menzel from the Dispute Resolution Center talked about ambition to make the DRC trauma informed and then expand that more broadly to the Volunteers of America. She also mentioned that the DRC offers conflict resolution training services, for anyone who might be interested.
- Mary O'Brien from Alderwood DSHS talked about goals to reduce poverty and introduce more trauma-informed practices.
- Cecilia Saldana talked about work that Sea Mar Community Health Centers is doing to introduce trauma informed practices.

- Several people talked about their work getting ready for the train-the-trainer training and beginning to organize TILT teams in their organizations.

24:00

Continua Consulting Group on the Trauma Informed work they are doing in our Snohomish County Schools

- Laura Mote introduced Chris and Courtney Daikos from Continua Consulting Group.
- Chris and Courtney presented about T-MTSS – Trauma Informed Multi-Tiered Systems of Support
 - Tier 1: Universal/creating a safe environment for all
 - Tier 2: Interventions specialized for behavior or students at risk
 - Tier 3: Intensive individualized interventions
- They presented a pathway chart of problem behavior and emphasized a focus on setting events and triggers, and how a preferable alternative behavior might be triggered instead.
- They discussed the importance of teachers and students co-constructing group norms. They presented 17 proactive classroom management strategies, and emphasized that interventions are not one-size fits all for schools.
- They presented about their work in seven local school districts.
- They went over the Panorama universal screening/survey tool for schools.

The presentation that Chris and Courtney delivered is available at: <https://tinyurl.com/ycwllxdk>

More information:

<http://continuaconsulting.com/>

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The Children's Wellness Coalition will not be meeting in March.

Laura Mote thanked everyone for attending.

The meeting adjourned at 10:31a.m.

The next meeting of the Children's Wellness Coalition will be held Friday, April 20, 9:00 to 10:30 a.m. at the Community Resource Center, 3900 Broadway, in Everett.

Nicole McMurray, Sr. Secretary, Snohomish County Human Services