



Snohomish County Children's Wellness Coalition

September 15, 2017

9:00 to 10:30



In Attendance: Christy Anana, Leslie Brent, LaDessa Croucher, Amanda Franke, Lindsey Greene, Cleo Harris, Lori Hartelius, Tamara Hill, Lyn Lauzon, Sue McCarthy, Lisa Odom, Lillian Ortiz-Self, Johnny Phu, Dennis Smith, Sue Starr, Kayla Vay, Ginger Williams

Liza welcomed everyone and introductions were made around the room.

Updates

- Liza Patchen-Short – reminder about the Resiliency Conference at Xfinity Arena February 28 & March 1: free to register, CEU clock hours available. Space filling up fast.
- Liza Patchen-Short met with the UWSC and the Snohomish Foundation on potential project/funding collaboration.
- The Children's Wellbeing Coalition will be presenting at the Edge of Amazing Conference on September 19. Their focus will be on mental health.

Tina Roth from Live Healthy 2020 Spoke with the Group

- Live Healthy 2020 is an initiative of the Snohomish County Health Leadership Coalition. *"LiveHealthy2020 unites a broad cross-section of partners one common focus – to improve the health and economic vitality of Snohomish County by improving nutrition, increasing physical activity, enhancing mental and emotional health, and fostering civic health & connectivity."*
- Potential for the CWC and Live Healthy 2020 to share resources.
- Potential for a future accelerator event around trauma informed care/NEAR Science/ACEs.
- Tina expressed a hope that all member organizations of the CWC would become signatories.
- More information: www.snocohealth.org/livehealthy2020, troth@snocohealth.org

Review of the Building a Trauma Informed Community Survey Results

- Q 1. 96% of responses showed interest in attending the 2.5 day training, and more than half also said they know their organization would approve of it. (N=28)
- Q. 2. 100% of responses were willing to train others within the respondent's organization: 50% willing to train others and know it would be approved, 50% willing but unsure it would be approved. (N=24)
- Q. 3. 55% of responses would absolutely train others outside their organization and know that their organization would approve. 23% would train others outside their organization, but are unsure of approval. 18% were not interested or doubt they would be approved, and 5% said "No." (N=22)
- Q. 4. 45% of responses were absolutely willing and able to participate in work creating training curriculum. 40% said they were interested but unsure of approval. 15% said probably not. (N=20).
- 11 people shared additional comments regarding the coalition's efforts (Q. 5).
- 13 people answered why it is important to have a community effort on TIC (Q. 6).

The Training

- The training will be sometime in the spring. Discussion of earlier being better for school counselors.
- It is a 3 day commitment. Because it is designed to be an immersive experience, it won't be broken up.

- There was discussion of it making sense to begin by training the CWC and working out from there.
- Discussion of the training spanning a weekend, and whether this would get more school workers.
- The cost is \$135pp. The County will likely pay towards cost. Attendees may have to purchase manual.
- The course will provide 19 CEUs.
- There was discussion of the non-proprietary nature of the training being really helpful, so each attendee can bring the training back to their organization in a suitable way.
- There was discussion about wanting to come up with a good selling points to present to organizations on why this training matters or will benefit them and their work.

Discussion: *What Would a Community Approach to Trauma Informed Care Look Like in Snohomish County?*

- Lori Hartelius led the exercise because the facilitator was unable to attend.
- Lori facilitated a back-casting exercise with the group. (See additional attachment).

The meeting convened at 10:28 a.m.

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.” – Margaret Mead

The next meeting of the Children’s Wellness Coalition will be held Friday, October 20, 9:00 to 10:30 at the Community Resource Center, 3900 Broadway, in Everett.

Nicole McMurray, Sr. Secretary, Snohomish County Human Services