



What is Music Therapy?

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Presented by Vee Gilman, MT-BC

Vee is a board-certified music therapist working with children, youth, and families in transition. With five years of clinical experience, Vee practices from an anti-oppressive, resource-based, and improvisational paradigm, emphasizing collective healing after trauma and whole-family support as trauma prevention. Additionally, their approach is informed by queer theory and Indigenous studies. Vee is completing their Master's in Music Therapy at Slippery Rock University.

Music
therapy is
uniquely
equipped
to facilitate
non-verbal
processing,
parent-child
attachment,
and somatic
trauma
healing.